

C-PCLC PATIENT COHORT & TRIGGER TOOLS

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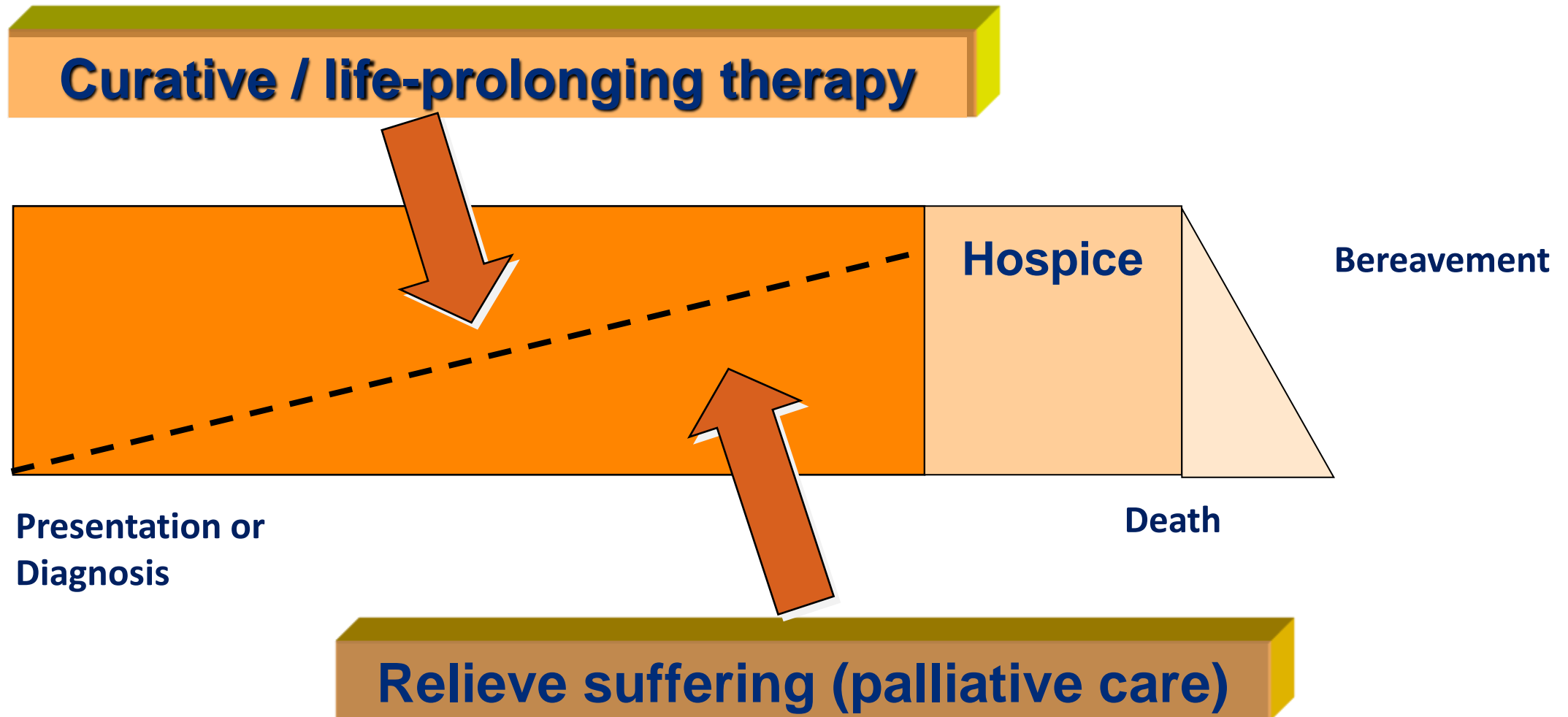
PCLC BUNDLE ELEMENT 1: PC “TRIGGER” TOOL & RESOURCES

Identification and assessment

Must target a specific cohort of patients

Identify internal and external resources

An Integrated, Collaborative Approach



TRIGGER BY “SURPRISE” QUESTION

Would you be surprised if your patient died within the next year?



TRIGGER BY DISEASE AND/ OR CO-MORBID ISSUES

Serious Life-limiting Disease

PLUS

Any one of following criteria

- Stage 4 Cancer
- COPD on Home oxygen
- CHF
- Dementia or neurological disease (non-ambulatory)
- Cirrhosis
- ESRD

- Multiple recent hospitalization/ED visits with same symptoms/problems
- Difficult to control symptoms related to serious medical illness such as pain/dyspnea/psychological or spiritual distress
- Patient or family requests for specialty palliative care
- DNR order/goals of care conflicts
- Patient with a serious illness and technology/care dependent (inotrope infusions, hemodialysis, oxygen, artificial nutrition, bed/chair bound)

TRIGGER BY SYMPTOMS OR EVENT

Uncontrolled pain

Uncontrolled shortness of breath

Uncontrolled agitation

Worsening or non-healing pressure ulcer/s

Progressive weight loss

Progressive dysphagia

Recurrent ED visit

Recent hospitalization or re-admission

TRIGGER BY DISEASE STAGING



Functional Assessment Staging Test

The Functional Assessment Staging Test (FAST) is the most well validated measure of the course of AD in the published, scientific literature.

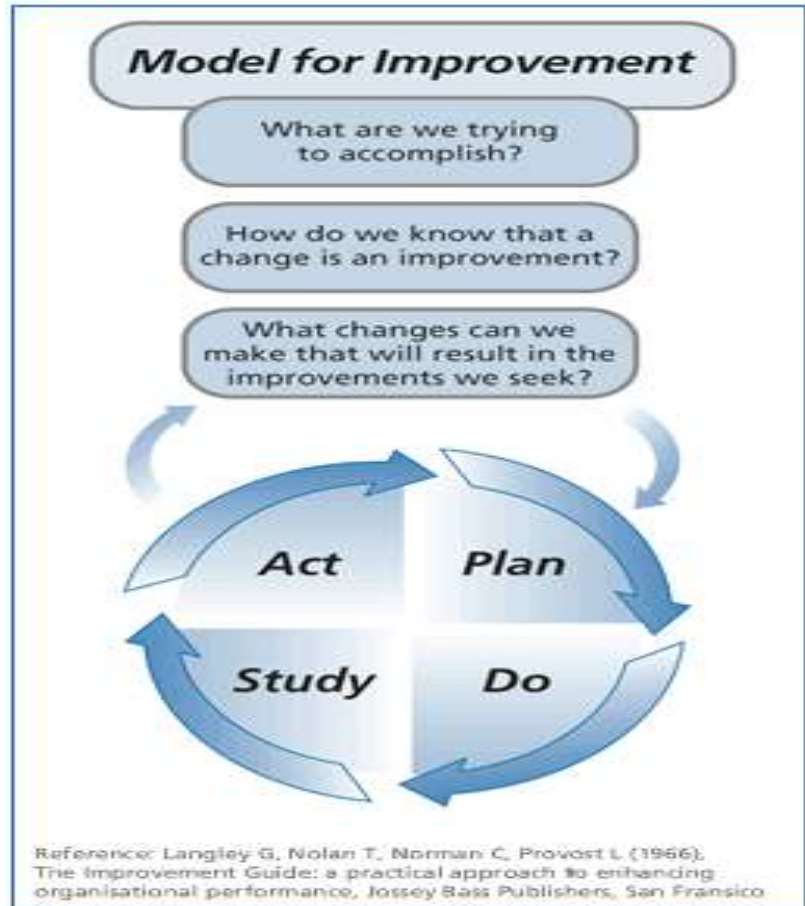
The stages of Alzheimer's disease as defined by FAST are:

Stage	Stage Name	Characteristic	Expected Untreated AD Duration (months)	Mental Age (years)	MMSE (score)
1	Normal Aging	No deficits whatsoever	--	Adult	29-30
2	Possible Mild Cognitive Impairment	Subjective functional deficit	--		28-29
3	Mild Cognitive Impairment	Objective functional deficit interferes with a person's most complex tasks	84	12+	24-28
4	Mild Dementia	IADLs become affected, such as bill paying, cooking, cleaning, traveling	24	8-12	19-20
5	Moderate Dementia	Needs help selecting proper attire	18	5-7	15
6a	Moderately Severe Dementia	Needs help putting on clothes	4.8	5	9
6b	Moderately Severe Dementia	Needs help bathing	4.8	4	8
6c	Moderately Severe Dementia	Needs help toileting	4.8	4	5
6d	Moderately Severe Dementia	Urinary incontinence	3.6	3-4	3
6e	Moderately Severe Dementia	Fecal incontinence	9.6	2-3	1
7a	Severe Dementia	Speaks 5-6 words during day	12	1.25	0
7b	Severe Dementia	Speaks only 1 word clearly	18	1	0
7c	Severe Dementia	Can no longer walk	12	1	0
7d	Severe Dementia	Can no longer sit up	12	0.5-0.8	0
7e	Severe Dementia	Can no longer smile	18	0.2-0.4	0
7f	Severe Dementia	Can no longer hold up head	12+	0-0.2	0

TRIGGER BY PERFORMANCE SCALE

Palliative Performance Scale (PPSv2) version 2²						
PPS Level	Ambulation	Activity & Evidence of Disease	Self-Care	Intake	Conscious Level	
Stable	100%	Full	Normal activity & work No evidence of disease	Full	Normal	Full
	90%	Full	Normal activity & work Some evidence of disease	Full	Normal	Full
	80%	Full	Normal activity with effort Some evidence of disease	Full	Normal or reduced	Full
Hospice Appropriate	70%	Reduced	Unable to do normal job/work Significant disease	Full	Normal or reduced	Full
	60%	Reduced	Unable to do hobby/housework Significant disease	Occasional assistance necessary	Normal or reduced	Full or confusion
	50%	Mainly sit/lie	Unable to do any work Extensive disease	Considerable assistance required	Normal or reduced	Full or confusion
	40%	Mainly in bed	Unable to do most activity Extensive disease	Mainly assistance	Normal or reduced	Full or drowsy +/- confusion
	30%	Totally bed bound	Unable to do any activity Extensive disease	Total care	Normal or reduced	Full or drowsy +/- confusion
	20%	Totally bed bound	Unable to do any activity Extensive disease	Total care	Minimal to sips	Full or drowsy +/- confusion
	10%	Totally bed bound	Unable to do any activity Extensive disease	Total care	Mouth care only	Drowsy or coma +/- confusion
	0%	Death	-	-	-	-

1ST ACTION PERIOD: AUGUST – SEPT 2021



AIM: To identify patients who would benefit from palliative care and identify available PC resources

MEASURE:

1. PC screening or trigger tool
2. PC resources

CHANGES: What key changes will you test to set up a PC trigger tool that will identify patients who would benefit from palliative care? What are available palliative care tools, resources and services?

COMMUNITY PALLIATIVE CARE LEARNING COLLABORATIVE FACILITY WORKPLAN

FIRST ACTION PERIOD – PALLIATIVE CARE TRIGGER TOOL/S & RESOURCES (Please complete and submit to your facilitator before the first action period, by July 31, 2021)

What is your team’s strategy to implement this initiative in your facility and achieve your stated goals?				
WHAT	HOW	WHO – person/s responsible	WHEN	Feedback/ Progress Review Process
<ul style="list-style-type: none"> • Trigger Tool • Resource List 	<ul style="list-style-type: none"> • Identify 1 patient a week in August 2021, 2 patients a week in Sept. 2021 who can benefit from palliative care by using a trigger tool • Create an internal resource list and an external resource list 		Over the next 2 months	
<ul style="list-style-type: none"> • Trigger Tool • Resource List 			Over the next 6 months	
<ul style="list-style-type: none"> • Trigger Tool • Resource List 			Over the next 12 months	

THANK YOU! QUESTIONS? COMMENTS?

BREAKOUT SESSIONS – WORKING LUNCH

12:00 – 2:00



Pick up lunch in Conference Room A/B (directly across from the auditorium)

AHS Facilitators/Region	LTC Facilities	Room / Zoom Virtual Room
<u>Morristown/Chilton</u> <i>Lead by Dr. Matti-Orozco</i>	Morristown Post-Acute Morris View Holly Manor Oakland Arbor Ridge Lincoln Park Care Center Lincoln Park Renaissance	Brady-Shinn Conference Room New Zoom Meeting Link https://atlanticealth.zoom.us/j/87930221148?pwd=dXlVcmIeYjZsUHF2eFN3RHpSUG45UT09 Breakout Room 1
<u>Overlook/ Newton-Hackettstown</u> <i>Lead by Dr. Mondul, Dr Shindler</i>	Spring Grove Runnells Autumn Lakes Homestead Bristol Glen House of Good Shepherd	Limecrest Woodlands Heath Village Barn Hill Wilf Conference Room New Zoom Meeting Link https://atlanticealth.zoom.us/j/87930221148?pwd=dXlVcmIeYjZsUHF2eFN3RHpSUG45UT09 Breakout Room 2