



PATIENT TRACKING TOOL

Action Period 1: July 12,2021 – October 2021

Please use the following document for your individual facility to help track the patients you identify as being appropriate for palliative care, their demographics and outcomes. At the end of the action period we will ask you to securely submit all your data.

Cohort Information

Tracking Month	<input type="checkbox"/> August 2021 <input type="checkbox"/> September 2021 <input type="checkbox"/> October 2021
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<i>What was the total number of patients in the cohort?</i>	Number of Patients	Total
Female		
Male		
<i>How many patients did you have in each of the following age ranges?</i>	Number of Patients	Total
Less than 18		
18 - 49		
50 - 64		
65 - 84		
85 – 89		
≥ 90		
<i>What was the total number of patient days for the cohort in SNF?</i>	Number of Patients	Total
<i>How many patients had advance care planning documentation on file?</i>	Number of Patients	Total
Advance Directive <i>only</i>		
Proxy / Health Care Representative Designation <i>only</i>		
Advance Directive with Proxy Designation		
POLST		
Nothing		

If any of your patients would benefit from a consult with the
AMG SPECIALIZED PALLIATIVE CARE PRACTICE

PLEASE REACH OUT TO THE PRACTICE AT [973-971-4404](tel:973-971-4404) OR EMAIL NYCOLE GORDON, THE PRACTICE
 MANAGER AT Nycole.Gordon@atlanticealth.org



<i>How many patients did you have with each of the following dispositions?</i>	Number of Patients	Total
Died in hospital ICU		
Died in hospital regular unit		
Hospice at SNF		
Home with hospice		
Home with home care		
Home with no services		
Died in hospital with Comfort Care Plan		
Long Term Care with Comfort Care Plan		
Unknown		
Other		

<i>How many patients did you have in each of the following locations at the time of initial palliative care evaluation?</i>	Number of Patients	Total
Memory Unit		
Regular SNF unit		
Sub-acute Rehab Unit		
ED		
Hospital ICU		
Hospital Floor		
Other		

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Which of the following primary diagnoses were most frequently addressed in the cohort this month?	Number of Patients	Total
Cancer, metastatic		
Cancer, non-metastatic		
COPD		
Congestive Heart Failure		
Covid-19 infection		
Dementia		
Multi-system organ failure		
Sepsis		
Stroke		
Other		



Maria Shindler, MD

Medical School: Meharry Medical College

Residency: Rutgers New Jersey Medical School

Fellowship: Jamaica Hospital Medical Center / Albert Einstein College of Medicine

Special Interests: Palliative Medicine

Atlantic Medical Group Palliative Care

Dr. Maria Shindler is a member of Atlantic Medical Group Palliative Care, based in Morristown. As a fellowship-trained palliative care physician with years of expertise as a hospice leader and innovator, Dr. Shindler shares the same goals as her patients and their families – symptom management, pain relief, patient comfort, and a focus on quality of life. Her goal for each patient is to gain access to the types of resources and support services necessary for those with life-limiting diagnoses or serious, chronic disease.

A trained anesthesiologist, formerly with Hackensack Anesthesiology Associates and former medical director of Bayada Hospice at Inspira in Woodbury, NJ, Dr. Shindler has the knowledge and background to help families talk through life's difficult decisions and find answers to the overarching questions about end-of-life care. She believes that peace of mind for families comes from talking at length about their wishes so she can assist with care quality, comfort and support.

Dr. Shindler received her medical degree from Meharry Medical College School of Medicine in Nashville, TN. She pursued her internship at Albert Einstein College of Medicine's Montefiore Medical Center and her residency as an anesthesiologist at Rutgers-New Jersey Medical School. This led her to pursue her passion for palliative care through fellowship training at Jamaica Hospital Medical Center's department of Palliative Medicine.

A diplomate of the American Board of Anesthesiology, Dr. Shindler is also a participating provider of the Atlantic Accountable Care Organization.

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